

BELASIK

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Newly Released Film by Paul Belasik Explores the Art and Science of Collection

October 24, 2007 – Paul Belasik announces the release of *The Lost Quixotes, The Art of Collecting the Riding Horse*, a forty-eight minute documentary film. Over two years in the making, this film explores the concept of collection, the old masters who created it, and the current science that continues to shape it. It has been created to help riders across all disciplines connect the works of the old masters on collection to state-of-the-art bio-mechanical research. The cameras take you inside the McPhail Center, the renowned bio-mechanical laboratory for sport horses at Michigan State University, to look at an experiment that, for the first time in history, measured the forces of the levade.

A beautifully shot section along the Atlantic coast, at Assateague Island National Park contains an enthralling piece from one of the leading authorities on wild horses and horse behavior and its ramifications for the domestic horse owner.

"I didn't want to make another how-to video," says Belasik. "It is my hope that this visually unique DVD may shed some light on the increasingly tense schism between competition and classical dressage." Featured are demonstrations of the daily exercises that are the common ground of both, in an engaging film that should have appeal far beyond specialist riders.

Paul Belasik is a highly respected international rider, trainer, writer and teacher, and an avowed proponent of classical equestrian ideals. A graduate of Cornell University, Belasik has ridden and trained at every level in dressage, from young horses to beyond Grand Prix, and has successfully competed at the highest levels in international competition. He is probably best known for his popular books *Dressage for the 21st Century* and his trilogy, *Riding Towards the Light*, *Exploring Dressage Technique* and *The Songs of Horses*.

Paul Belasik gives clinics, lectures, and demonstrations internationally, and trains a wide cross-section of clients at his Pennsylvania Riding Academy at Lost Hollow Farm. His training methods focus not only on the practical, physical point of view, but also with a keen eye toward the artistic, scientific, and philosophical

components of horsemanship as well. For more information, go to www.belasikvideoassociates.com

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